

Abnormal Psychology in the Hundred Acre Wood

by
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In December of 2000, Sara E. Shea and co-authors published a paper that attempted a provisional diagnosis of the various characters in the popular children's author A.A. Milne's Hundred Acre Wood from the perspective of the *Diagnostic and Statistical Manual for Mental Disorders*. In the article, Table 1 summarized the "diagnoses" of the various Winnie-the-Pooh characters according to the *DSM-IV* along with other relevant information from the various *DSM* Axes.

Note that this article was written prior to the May 2013 publication of the *DSM-5*. There have been some significant changes in how the current *DSM* categorizes certain disorders (as well as having removed the multi-axial system from the previous edition). You may find additional information about some of the "highlighted" differences between the *DSM-IV* and the *DSM-5* online at <http://www.dsm5.org/Documents/changes%20from%20dsm-iv-tr%20to%20dsm-5.pdf>.

Your Assignment

Select one of the characters in the article by Shea, et al. (to simplify matters, we will restrict our discussions to all of the characters *except* Kanga and Roo), and write a brief report including:

1. Name of Character:
2. Diagnosis given by Shea, et al., and how the character would be classified under *DSM-5*. If applicable, summarize the major differences between the *DSM-IV* (used by Shea, et al.) and the *DSM-5* (published in 2013) diagnostic systems
3. How each of these models would explain the condition, with as many specific details as possible:
 - Behavioral
 - Biological (Medical)
 - Cognitive
 - Humanistic-existential
 - Psychodynamic
 - Sociocultural
4. How each of these models would suggest or influence treatment of this disorder, with as many specific details as possible:
 - Behavioral
 - Biological (Medical)
 - Cognitive
 - Humanistic-existential
 - Psychodynamic
 - Sociocultural

Be sure to include in-text citations and a reference list. You may use your textbook, the Shea, et al. article, or other resources approved by your instructor. While the disorders listed in the Shea, et al. article are covered to various degrees in your textbook, see the listing below for some additional resources both on the disorders and on the *DSM* (both recent editions).

References

Shea, S., et al. (2000). Pathology in the Hundred Acre Wood: A neurodevelopmental perspective on A.A. Milne. *CMAJ: Canadian Medical Association Journal*, 163(12), 1557–1559. Also available as an open-access article at: <http://www.cmaj.ca/content/163/12/1557.full>

Resources

Information on Pooh and his Friends

- http://en.wikipedia.org/wiki/List_of_Winnie-the-Pooh_characters

Summaries of changes between DSM IV and DSM 5

- <http://www.psychiatry.org/File%20Library/Practice/DSM/DSM-5/Changes-from-DSM-IV-TR--to-DSM-5.pdf>
- <http://www.dsm5.org/Documents/changes%20from%20dsm-iv-tr%20to%20dsm-5.pdf>
- <http://psychcentral.com/blog/archives/2013/05/18/dsm-5-released-the-big-changes/>

ADHD

- <http://www.nimh.nih.gov/health/publications/attention-deficit-hyperactivity-disorder/index.shtml>
- <http://www.dsm5.org/Documents/ADHD%20Fact%20Sheet.pdf> (DSM 5)
- <https://www.msu.edu/course/cep/888/ADHD%20files/DSM-IV.htm> (DSM-IV-TR)

Generalized Anxiety Disorder

- <http://www.nimh.nih.gov/health/topics/generalized-anxiety-disorder-gad/index.shtml>
- <http://www.clevelandclinicmeded.com/medicalpubs/diseasemanagement/psychiatry-psychology/anxiety-disorder/#b0015>
- <http://www.mayoclinic.org/diseases-conditions/generalized-anxiety-disorder/basics/definition/con-20024562>

Personality Disorders (including Narcissistic)

- <http://www.mayoclinic.com/health/personality-disorders/DS00562>
- <http://www.dsm5.org/Documents/Personality%20Disorders%20Fact%20Sheet.pdf> (DSM 5)
- <http://pro.psychcentral.com/2013/dsm-5-changes-personality-disorders-axis-ii/005008.html>
- <http://psychcentral.com/personality/>

Depressive Disorders (including Dysthymia)

- <http://www.nimh.nih.gov/health/publications/depression/index.shtml>
- <http://www.ncbi.nlm.nih.gov/books/NBK64063/> (DSM-IV-TR)
- <http://pro.psychcentral.com/2013/dsm-5-changes-depression-depressive-disorders/004259.html> (changes from DSM-IV-TR to DSM-5)
- <http://www.dsm5.org/Documents/Bereavement%20Exclusion%20Fact%20Sheet.pdf> (DSM 5)
- <http://www.psychiatry.org/File%20Library/Practice/DSM/DSM-5/Changes-from-DSM-IV-TR--to-DSM-5.pdf> (p. 4-5)

Reading Disorder

- <http://www.ncl.org/types-learning-disabilities/dyslexia/what-is-dyslexia>
- <http://www.psychiatry.org/File%20Library/Practice/DSM/DSM-5/DSM-5-Specific-Learning-Disorder-Fact-Sheet.pdf> (DSM-5)
- <http://behavenet.com/node/21477> (DSM-IV-TR)

Gender Identity Disorder

- <http://psychcentral.com/disorders/gender-dysphoria-symptoms/>
- <http://www.dsm5.org/Documents/Gender%20Dysphoria%20Fact%20Sheet.pdf> (DSM-5)
- http://www.princeton.edu/~achaney/tmve/wiki100k/docs/Gender_identity_disorder.html (DSM IV-TR)

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