Figure 7. Student Handout For Lesson 4: Elastic Band. The handout was available in paper and electronic form. The student paper version included more space for answers.

Name: Date: Period #:

7th Grade Physics **Lesson 4: Elastic Band**

**Introduction and Goals**

Today you will study the behavior of an elastic band and try to figure out **why it starts, keeps going, and stops**. You are not expected to figure it all out today. Over the next few periods we will study different apparatuses and put together the information we get from each to get to the answers. Along the way you are expected to **build your vocabulary around energy; develop skills in communication, collaboration, and cooperation; explore ways of modeling energy changes; learn to ask good (testable) questions; and develop as systems thinkers.**

The expectation is that you will come back to this activity to add to/further develop your answers so do not feel like you have to use all the space when filling in your answers now. Expect to work back and forth through the handout(s) as your ideas develop. Skip questions when you are stuck. You can staple more pages to this if you need more space to work. You will build on/modify your answer as you go. Please do not erase. If you no longer think something is true, just put a line through it. This will help you track your thinking.

**Activity**

1. Write your observations of the elastic band.
2. Go to the library side of the class. Use the table to place the ruler down on its edge. Stretch the elastic to 12cm and release it. Record your observations of what happened once you released the elastic band. [Each floor tile is 12 inches.]

**What you think happened?** (Again, you will build on this/modify your answer as you go. Please do not erase. If you no longer think something is true, just put a line through it.

1. Why did the elastic start?
2. Why did the elastic stop?
3. Why did the elastic keep going?

**Trying to understand what happened**

1. Systems Thinking
   1. List the parts of the system.
   2. How do the parts interact?
   3. What are the energies involved?
   4. What happens to the energy?
   5. Model what you think happened?
   6. What is the boundary to your system?
2. Asking Questions:

What questions do you have? Good questions develop into hypotheses. Don’t just ask, Why did…?”, go further and think about what might be happening. Good questions include things like, “Does \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ happen because…” and, “If I changed \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, would \_\_\_\_\_\_\_\_\_\_\_\_\_\_ happen?”