THE CULPRIT... E. coli 0157 H7

Typically transmitted through contaminated food.

But the source is usually from cows....

THE SYMPTOMS...

Oh my stomach...
Symptoms:

- Tiredness
- Severe diarrhea
- Vomiting
- Abdominal pain

What do we need to do to prevent outbreaks of E. coli O157 H7:

1. Wash our hands before working with food.
2. Cook meat to kill all bacteria.