Survey

1. □ □ Some types of ultraviolet (UV) rays are safe for your skin.

2. □ □ Getting a base tan is a healthy way to protect skin from sun damage.

3. □ □ It’s smarter to tan indoors using a tanning bed.

4. □ □ Sunscreen with a sun protection factor (SPF) 30 provides twice the protection as an SPF 15.

5. □ □ You only need to put on sunscreen once a day.

6. □ □ You can’t get sunburned on cloudy days.

7. □ □ If it’s cold outside, you don’t need to wear sunscreen.

8. □ □ Ultraviolet (UV) radiation can’t go through glass.

9. □ □ People with darker skin color don’t get skin cancer.

10. □ □ Teens don’t get skin cancer.

Questions 1-4 are from the 2010 American Academy of Dermatology online survey, “Suntelligence: How Sun Smart is Your City?”